



There is something about January that shouts – A New Beginning!

We cordially invite you to be our guest for **A Day of Discovery** Designed to Inspire, Inform and Delight. Enjoy the many treats that will restore and energize a fresh start for 2016!

What: A Day of Discovery!

Where: 350 Shirley Ave (free parking available on site)

When: Saturday, January 16, 2016 – 11:00am – 3:00pm

Why: Because YOU matter!

It is no secret both that stress is everywhere and robs us of our natural, healthy and happiest self! Research shows that the most successful people share a common trait. Do you know what that is and how to optimize it?

Judith Harrison will be doing a demonstration of applied kinesiology and a review of Power vs Force. What frequency is your body vibrating at? How could we get you to your next level of Power? There are many elements, including Financial, Emotional, Physical, Relational that can lead you to your Personal Formula of Success.



Azure Campbell will be presenting Young Living Essential Oils and explaining the benefits you can enjoy in your everyday life at home, the office, school, your professional holistic practice, spa and gym. Experience for yourself what pure, therapeutic oils can do for you! Zyto Compass bio-scans will be complimentary for attending. Every attendee is entered to win a free product draw and receive sample oils!

RELAX! DISCOVER the many immediate benefits of chair massage with Susan McQuay. Susan is also a pioneer in Hot Stone Massage. She will be offering complimentary 10 minute massages.



LIVING YOUR DREAMS author **Krista Harrison will be speaking to you about pursuing your passion.**

This book is a guide to help women see the beauty within, acknowledge their unique gifts and follow the song of their heart. “Embrace every moment for it is a gift waiting to be opened.” Krista Harrison

Personally autographed copies of her latest book will be available for purchase.

For any questions please contact: Judith L Harrison
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